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Instructions Before Surgery

1. Please make an appointment with your primary care or family physician for a pre-operative consultation/clearance **within 30 days** of the date of your eye surgery (and no later than 1 week before your surgery).
2. Take the consultation and history form to your doctor's office for completion by your physician. The completed form must be mailed or faxed to our office at least one week **before** your eye surgery. The form must be dated **within 30 days** of your eye surgery.
3. Please ask your physician to also mail or fax a copy of your most recent EKG to our office. Unless you have a history of heart complications, a normal EKG dated within one year of the eye surgery is acceptable. A chest X-ray or bloodwork/CBC is not required unless your doctor deems them medically necessary.
4. Arrange an appointment for your lens (IOL) calculation at our office. These measurements (simple photos of your eye) should be done at least 2 weeks before the surgery date. The results of these measurements will better allow us to guide you in selecting the best type of lens implant (IOL) for your eye.
5. You must complete the surgical facility's questionnaire (a copy is in your packet or can be found on-line). If not completed on-line, then return it to us in person or by mail. Forms should be completed and returned *no later than 1 week* prior to your eye surgery.
6. Do **not** use any aspirin, aspirin-like medications (such as Advil or Motrin), or aspirin-containing medications *within 2 weeks of the surgery*, unless otherwise directed by your doctor.
7. Do **not** eat or drink *anything* the morning of your surgery (that is, nothing after midnight). Your surgery *will be cancelled*, for your own safety, if you do. A sip of water, if you are required to take any medications, is acceptable. However, most medications can simply be taken once you return home after your eye surgery.
8. **For cataract surgery patients:** Please pick up your prescription eye drops prior to surgery. Use your drops as described on the accompanying eye drop instruction sheet.
9. Finally, there are 2 times you may have heard for your surgery. One is the "show-up" time, the other "the time of surgery". Only remember the first, the "show-up" time. That is the time you must arrive at the surgery center. If you show up at the latter time, you will be late and your surgery will either be delayed or cancelled.